(1990-2011) TMI Focus
HEMI-LYNC Compilations

Hemi-Lync: Making Global Connections was a bulletin board that appeared regularly in the TMI Focus from 1992-2007. It was designed to connect readers with people, events, and publications around the world that had something to share about Hemi-Sync and The Monroe Institute.

Appearances (1993-3)
F. Holmes (Skip) Atwater, executive director of The Monroe Institute, was a featured speaker at the annual conference of ISSSEEM (International Society for the Study of Subtle Energies & Energy Medicine) on June 27, 1993, in Monterey, California. He presented a paper titled *Accessing Unique States of Consciousness with the Hemi-Sync Process.*

Appearances (1994-1)
F. Holmes (Skip) Atwater spoke at The International Colloquium on the Healing Nature of Sound at the Green Pastures Estate in Epping, New Hampshire, on Columbus Day weekend. Skip was also a keynote speaker at the International Forum on New Science in Fort Collins, Colorado, on October 15th. Additionally, he met with members of the Psychic Studies Institute in Kansas City, Missouri, on October 16th. His topic on each occasion was the evolution and growth of human consciousness through the use of the HemiSync process.

Appearances (1994-3)
On April 14 and 16, author Gari Carter concluded her tour to promote *Healing Myself* in Charlottesville, VA. She told audiences at the Quest and New Dominion bookstores of the automobile accident that destroyed her face and of how the *Emergency Series* was an invaluable resource during the ensuing reconstructive surgeries. Gari also gave an interview for WVIR television and will be the keynote speaker at the 1994 Professional Seminar in July.

Appearances (1994-4)
The Episcopal Church Women's Guild of the Christ Child invited Gari Caner, member of Good Shepherd Church in Dunedin, Florida, as special guest speaker at their May meeting. She shared the story of her return to health and wholeness following her life-shattering 1982 automobile accident.

Gari Carter's dynamic presentation, “Healing Myself with Hemi-Sync: A Personal Journey of Re-Creation,” was a highlight of the 1994 Professional Seminar, July 23-29. While here, Gari took time out to address the Plastic Surgery Department at the University of Virginia Hospital, Charlottesville, Virginia. She spoke at the request of eminent craniofacial surgeon Milton T. Edgerton, MD. He told the audience, which included members of the press, that Gari was a difficult patient to manage before she began to use the Emergency Series.

[Gari regularly contributes to publications and speaks before groups, many of which were associated with her "first life" On each occasion, she credits the Hemi-Sync technology and tells how to contact TMI. Thank you, Gari!]

Appearances (1995-1)
An "Informal Evening with Ed Carter" took place at the Stelle Community, in Stelle, Illinois, on Saturday, May 7, 1994. Stelle's purpose is preparedness with the aim of helping worthy values survive a global emergency. Author and INNER CIRCLE member Ed Carter's views on this subject (as expressed in his book, *Living Is Forever*) excited keen interest. [From Insights, The Newsletter of HRPC.]

On October 24-27, 1994, Ray Waldkoetter, EdD, Professional and Board of Advisors Member, spoke at the International Military' Training Association Conference in Rotterdam, Holland. His topic was "A Method for Estimating Army Battle Casualties and Predicting Personnel Replacements."

Appearances (1995-2)
Gari Carter appeared at the Tattered Cover Bookstore in Denver, Colorado, on November 5, 1994, and at Barnes & Noble in Orlando, Florida, on November 12, 1994, to sign copies of *Healing Myself*—the story of her heroic journey with Hemi-Sync.

Appearances (1995-3)
Gari Carter, Institute advocate, continues her whirlwind of personal appearances. Each audience hears the story of her devastating, disfiguring car accident and how the *Surgical Support Series* was her mainstay during the ensuing reconstructive surgeries. March through May, Gari gave interviews on *Broadcast House Live* and National Public Radio. She also spoke at Patti Begg's Natural Health and Beauty Spa, did a guest spot on *Natural Living* (hosted by Gary Null), and was featured twice on Glen Brooks's *Your Personal Best*. With all this national exposure, surely someone out there will make Gari's tale of personal heroism into a major motion picture or a television miniseries.

Karen Malik, veteran TMI Trainer, presented a pre-conference workshop on June 23 as part of "INTEGRATING the SCIENCE and ART of ENERGY MEDICINE," the Fifth Annual Conference of ISSSEEM (International Society for the Study of Subtle Energies and Energy Medicine). In "The Monroe Process—Transpersonal Access," Karen facilitated personal exploration via the Hemi-Sync technology.

Appearances (1995-4)
September 8-10, 1995, F. Holmes (Skip) Atwater, TMI Research Director, was a panelist at the International Symposium on Dolphin Assisted Therapy in Cancun, Mexico. This inaugural event explored the impact of interaction with dolphins on human psychophysiology. Hosted by Dolphin Discovery and the AquaThought Foundation, it was limited to fifty participants,

including panelists. “The Monroe Institute's Hemi-Sync Process, A Theoretical Perspective” was published in the symposium proceedings. Skip also discussed the possible inclusion of Hemi-Sync in a virtual reality project under development by AquaThought.

Appearances (1996-1)
See *Diving with the Dolphins* in this issue, the account of Skip Atwater's appearance as a guest panelist at the Inaugural International Symposium on Dolphin Assisted Therapy.

Appearances (1996-2)
Stefan Kasian, TMI research intern for summer 1994, is making his mark as a spokesman for expanded human potential and Hemi-Sync. On January 25, 1996, he presented a workshop in New York City on the “Institute of the Noetic Sciences Denver Conference; Intuition in Business.” Executives and human resources personnel at the Wall Street global financial services firm of J. P. Morgan, Inc., where Stefan interned in the summer of 1995, attended.

The publication of Stefan’s article “Hemi-Sync and altered states of consciousness” in *VERTICES: The Duke University Journal of Science, Technology, and Medicine* led to an invitation to speak on this topic to the Duke medical faculty. As a premed student at Duke and former director of the Mind-Body Medical Studies group for undergraduates, he seizes every opportunity to educate students about complementary methods.

Whitley Strieber, GATEWAY VOYAGE graduate and author of *Communion, Transformation,* and Breakthrough*, spoke to the Eclectic Viewpoint* group in Dallas, Texas on January 1, 1996. Robert Hall, a member of TMI’s *INNER CIRCLE,* reported that Whitley spoke positively of his program experience and encouraged the audience of approximately four hundred to avail themselves of Monroe Institute resources.

Appearances (1996-3)
Barbara Bullard, MA, Professional Member and career educator, spoke on *Remembrance and METAMUSIC* at the annual conference of the Assembly on Expanded Perspectives on Learning in Estes Park, Colorado, June 6-9. AEPL is an official assembly of the National Council of Teachers of English. The 1996 conference focus was “Teaching the Unconscious: Transforming Classrooms, Theories and Selves.” It was attended by 150 to 200 teachers and others from across the with similar interests in teaching and learning beyond the cognitive.

Appearances (1996-4)
F. Holmes (Skip) Atwater was an invited panelist at the Second Annual International Symposium on Dolphin Assisted Therapy held September 5-8 in Cancun, Mexico. He presented a paper titled “Complementary Concepts on the Effects of Sound on Consciousness.” Skip served on the planning committee for this year's symposium.

TMI Professional Member Gari Carter was a featured speaker at “Spirit in Healing,” the Fifth Annual Conference of The Institute for Noetic Sciences held July 18-21 in Boca Raton, Florida. Gari used HemiSync and other skills she has gleaned from her personal voyage to lead participants on “A Healing Journey with the Elements.”

Franceen King, MA, veteran TMI program trainer, made a special presentation at “Paving the Path to Expanded Awareness,” the Tampa UFO conference which took place September 13-16. Franceen spoke about “The Monroe Institute's Gateways to Expanded Awareness—An Introduction to Hemi-Sync” as a means for uncovering and exploring the multidimensional aspects of human awareness.

Appearances (1997-1)
October and November were busy months for James Beal, a member of the TMI Board of Advisors and Professional Division. Jim spoke at the Second Annual Advanced Water Science Symposium in Dallas, Texas, October 5, on “Biosystem Liquid Crystals and Potential Natural and Artificial Electromagnetic Field Effects.” On October 20 he presented “An Overview of The Monroe Institute: Brainwave Technology and the Tools for Exploration of Consciousness and Self-Discovery” to the Institute of Noetic Sciences study group in New Orleans, Louisiana. He rounded off his tour with “Biosystem Liquid Crystals: Several Hypotheses Relating to Interacting Mechanisms Which May Explain Biosystem & Human Hypersensitivities to Electric & Magnetic Fields” at the 1996 Annual Review of Research on Biological Effects of Electric and Magnetic Fields from the Generation, Delivery, and use of Electricity in San Antonio, Texas, November 17-24.

In November, Gregory Carroll, PhD, gave a seminar at Western Carolina University. Greg, an associate professor of music at LINC Greensboro as well as a Professional Member and member of our Board of Advisors, was a participating lecturer with a team of medical doctors from Duke University. He spoke on “Music and Healing” and shared information on related Hemi-Sync applications with approximately twenty-five teachers from across North Carolina.

Author, clinical psychologist, and Professional Member Joseph Gallenberger, PhD, was a featured guest on two segments of *Pathways*, a cablevision program which airs at 7:30 P.M. ESr each Friday in Charlotte, North Carolina. He discussed Robert Monroe and The Monroe Institute on October 18. The October 25 program provided an opportunity to elaborate on the nature of the institute, the *LIFELINE* residential program, and his new book—Brothers Forever. Computer-enhanced video footage, prepared by TMI Research Director F. Holmes (Skip) Atwater, contributed to the quality of Dr. Gallenberger's presentation.

Social psychologist and Professional Member Leonard Goodwin made a presentation entitled “Toward a New Form of Healing Organization” at the International Forum on New Science, in Denver, Colorado, October 2-6. In his abstract, Leonard noted that implementation of such an

organization would require “new approaches to human interaction and the use of social science to assess the results of new practices. “He sees *the GATEWAY VOYAGE* as an expression of this new paradigm of human interaction and has developed a preliminary protocol to evaluate its social and cultural impact.

Stefan Kasian, AB, 1994 TMI summer intern, and Larry Burk, MD, associate professor of radiology, made a joint presentation about Hemi-Sync Technology at the Duke University Medical Center in Durham, North Carolina, on November 7. Approximately twenty-five students attended the talk, which was part of a second-semester course, “Sucess Management and Performance Enhancement'. [*See article*, page 4.]

Appearances (1997-2)
Remote viewer Joseph McMoneagle spoke to a full house at the January 11 meeting of The Virginia Blue Ridge Chapter of The American Society of Dowsers, Inc. A number of those present had driven to Charlottesville from Maryland and North Carolina for the occasion. Joe, who is a regular speaker at TMI's *GATEWAY VOYAGE* programs, defined what remote viewing is (and isn't) and noted parallels with the paranormal sensitivities associated with dowsing.

Appearances (1997-3)
Restricted Environmental Stimulation Therapy, or REST, is a clinical tool for addressing stress-related disorders and chronic pain and for enhancing performance. TMI Research Director F. Holmes (Skip) Atwater and former Professional Member Dale S. Foster, PhD, were on the program of “REST '97: Expanding the Bandwidth” on April 18, 1997. Dr. Foster's presentation was based on his doctoral thesis, “EEG and Subjective Correlates of Alpha Frequency Binaural Beat Stimulation Combined with Alpha Biofeedback. Skip presented “Binaural Beats and the Frequency Following Response: A Pilot Study. “

On May 30 and 31, Barbara Bullard, MA, and Elisabeth Y. Fitzhugh appeared at AWAKENINGS in Laguna Hills, California. The two TMI Professional Members co-facilitated “The Dancing DNA,” a workshop exploring new principles and tools of consciousness and energy to enhance health and wellbeing. The sessions on May 31 included “Hemi-Sync Sound and Music for the Quantum Leap. “

Professional Member Gari Carter recently did an e-mail interview with Joel Metzger, coordinator of the Online Noetic Network. Their “conversation” was put together into an article and e-mailed to ONN members.

Long-time professional member Carol Sabick took time out from her busy schedule of Hemi-Sync workshops and radio and television appearances in Spain to cross the border into Switzerland. Carol represented TMI at the Ninth International Congress on Stress at Montreux from February 1621, 1997. Her presentation about Hemi-Sync stimulated great interest in the

audience of renowned doctors, scientists and other researchers in the field of stress. Carol's session was reviewed in *Health and Stress*, the newsletter of The American Institute of Stress, headquartered in Yonkers, New York.

Appearances (1997-4)
James B. Beal, ME, member of The Monroe Institute Board of Advisors and Professional Division, was a presenter at the Healing Quest Conference in Sarasota, Florida, on August 24, 1997. Jim is a special consultant on the effects of electromagnetic fields on living systems. He spoke on “Creating Healthy Places for Human Bioenergetic Fields.”

Appearances (1998-1)
F. Holmes (Skip) Atwater, TMI's director of research, was a featured speaker at the Eighth International Forum on New Science held October 9— 12 in Denver, Colorado. An audience of more than 200 listened to his presentation, “Inducing States of Consciousness with a Binaural Beat Technology.” Skip's manuscript was published in the forum Proceedings.

Institute trainer *Franceen King, MA*, spoke at Project Awareness, the Fourth Annual Tampa UFO Conference, October 31-November 2, 1997, in Tampa, Florida. Franceen's topic was “The Monroe Institute's Gateways to Expanded Awareness—An Introduction to Hemi-Sync.”

Joan Lundgren, PhD, MFCC, presented a program, “Interdimensional Research, Remote Viewing, OBEs, Crop Circles, and ETs,” for the California Society for Psychical Study, Berkeley, California, on October 21. Dr. Lundgren also conducted a two-day workshop, “Introduction to Interdimensional Travel,” combining the use of Hemi-Sync tapes and research into expansion of consciousness.

On October 14, 1997, Skip Atwater went on the air with Seamus O'Connolly of station KUCU in Hobbs, New Mexico. Their lively and informative exchange sparked a surge of telephone calls and “hits” to the TMI’s web site.

Appearances (1998-2)
On February 5, TMI director of research F. Holmes (Skip) Atwater spoke to the 7th Annual International UFO Congress Convention on “Using Remote Viewing to Access UFO and High Strangeness Targets.” Skip drew on his military intelligence experience with Project SCANATE (scanning by coordinate) and remote viewer Pat Price's original information on underground UFO bases, as well as later corroborative findings.

Professional Member Suzanne Evans Morris, PhD, represented The Monroe Institute at the First International Conference on Music in Human Adaptation held in Roanoke, Virginia, November 1517, 1997. Her topic was “Opening the Door with METAMUSIC.” Dr. Morris is an expert on using HemiSync to open new vistas for children with developmental disabilities.

Appearances (1998-3)
On April 30, 1998, TMI research director F. Holmes “Skip” Atwater traveled to Tucson, Arizona, to present “Inducing propitious states of consciousness via corticothalamic adaptation” as part of *Toward a Science of Consciousness 1998, Tucson III*. Subscribers to the *Journal of Consciousness Studies* will find the abstract of this paper under “Experiential Approaches” in the Consciousness Research Abstracts. Skip has been a featured presenter at all three Tucson conferences.

Appearances (1998-4)
May 28-31, 1998, Professional Division Director Shirley Bliley attended the First Congress on Defining a New Paradigm for the Healing Arts in Houston, Texas. The congress was organized by Richard Garrison, MD, and held at the

University of Texas-Houston Health Science Center. Shirley made a brief presentation on TMI and HemiSync. She also discussed with Dr. Garrison research on changes in melatonin levels as a result of binaural beat stimulation. James Beal, BS, ME, a member of the Institute's Board of Advisors, spoke on the role of stress in immune dysfunction and Hemi-Sync as a stress-reliever.

Appearances (1999-1)
August 13 through 16, 1998, F. Holmes (Skip) Atwater, TMI research director, traveled to Mexico to brain-map a native subject participating in a traditional ritual conducted in the ceremonial eave beneath the Sun Pyramid at Teotihuacan. Beyond Productions, New South Wales, Australia, filmed that ritual, then followed up by filming a brainmapping session in The Bob Monroe Research Lab here in Virginia. Beyond is producing a documentary on indigenous ceremonies conducted at sacred sites around the world.

Skip Atwater was interviewed on September I by Hilary Hartman for UFO Live, WMEL space Coast Radio. Skip answered questions about Hemi-Sync, TMI, remove viewing, and underground UFO bases.

TMI was doubly represented at “Project Awareness,” the October 9-11, 1998, Space Coast UFO Conference in Cocoa Beach, Florida. Trainer Franceen King, MA, spoke on “Monroe Institute's Gateways to Expanded Awareness An Introduction to HemiSync;” Skip Atwater presented “Using Remote Viewing to Access Possible Underground UFO Bases.”

On October 23, 1998, Skip Atwater addressed the congregation of the Community Center for Holistic Healing in Herndon, Virginia. His talk on “Accessing Consciousness” was enthusiastically received.

“Remote Viewing: Techniques and Training” was the topic of Skip Atwater's presentation at the VisionQuest Conference held September 26-27, 1998, in San Jose, California.

Shirley Bliley, TMI's Dolphin Energy Club (DEC) coordinator, spoke at the October 4 meeting of Shenandoah Valley-based Chrysalis, a local group dedicated to exploring spiritual and otherworldly realities. She discussed her 1997 dolphin swim in Isla Mujeres, Mexico, parallels between Hemi-Sync and dolphin sonar, and the possible health-enhancing effects of both.

Gari Carter, author and TMI Professional Member, was interviewed on-line by Annie Leseur as part of an hour-long “Wellness Forum” on September I l, 1998.

On January 6 and 8, 1998, Stefan Kasian, former TMl research intern, talked about his Institute and HemiSync experiences on Who Cares, a television program broadcast on local access cable channel 4, Carrboro, North Carolina.

Appearances (1999-2)
The 1999 symposium on The Effects of lons, EMFs, and Magnetism on the Human System” was held March 18-19 in Toronto, Ontario, Canada. James B. Beal, a member of The Monroe Institute's Board of Advisors and Professional Division, delivered an address on “Field Effects Associated with Living Systems.” Jim drew attention to Hemi-Sync's potential for relieving stress—a major contributor to the severity of environmentally induced autoimmune syndromes.

Appearances (1999-3)
F. Holmes “Skip” Atwater, Monroe Institute research director, was the banquet speaker at the first annual convention of the International Remote Viewing Association (IRVA) held March18-21, 1999, in Alamogordo, New Mexico. The well-attended meeting attracted luminaries from the famed Fort Mead, Maryland, military unit with which Skip served as operations and training officer. He is currently a member of the IRVA executive board.

Debra D. Davis, MEd, LPC, LMFT, and Institute Professional Division Member, was a featured speaker at the Texas Health Care Activity (THCA) Professionals' Annual Meeting which took place June 2-4, 1999, in San Antonio, Texas. With Hemi-Sync playing in the background, Debra introduced the binaural beat technology, discussed its dramatic impact in nursing homes, and fielded questions from the audience—activity professionals in long-term-care facilities.

On April 27 and 28, TMI OUTREACH trainer and professional member Scott Taylor held an in-service training for nurses at the Northern Regional Hospital inb Bemidji, Minnesota. Scott spoke to approximately fifty health professionals who were very enthusiastic about using Hemi-Sync in their personal lives. He also conducted a fibromyalgia support group on the evening of March 27.

Appearances (1999-4)
On June 12, 1999, TMI Professional Division Director Shirley Bliley was one of twelve speakers at a one-day conference, “Helping Kids with ADD: Alternative Approaches to

Optimum Health.” The event was organized by Martha S. Lappin, PhD and held at George Mason University in Fairfax, Virginia. Shirley presented an overview of the Hemi-Sync process and Robert O. Sornson's paper, “Using Binaural Beats to Enhance Attention.”

“Your Inner Doctor” by Maria Noel Mandile in *Natural Healing*, October 1999, told the story of accomplished medical intuitive Winter Robinson. The article noted that Robinson learned techniques for honing her psychic talents at a Monroe Institute residential program. Winter has been helping people for fourteen years and now spends most of her time teaching others to “tap into their own intuition” and “listen to what their own bodies are telling them.”

Appearances (2000-2)

F. Holmes “Skip” Atwater, Monroe Institute research director, attended “Toward a Science of Consciousness, TUCSON 2000,” which took place April 10—15 in Tucson, Arizona. His poster presentation, “Cortico-Thalamic Adaptation of Binaural Beating,” was based on a controlled study conducted in the Bob Monroe Research Lab. Skip gave a feature presentation on the results of that study at TMI's Seventeenth Professional Seminar, held March 18-22.

Dominique De Backer, psychotherapist and TMI Professional Member, was interviewed by Guy Mongrain for “Salut, Bonjour,” televised in Montreal, Quebec, on February 15. Mme De Backer answered questions about her Synchrotherapy@ method and Hemi-Sync.

On March 3—5, the Institute's president, Laurie Monroe, and director of programs, Darlene Miller, traveled to Arizona to lead a workshop titled “The Inner Journey: An Exploration into Higher Levels of Consciousness.” The event was organized by *Conscious Living* magazine and held at the Center for Conscious Living in Sedona.

Appearances (2000-3)

F. Holmes “Skip” Atwater spoke at the Year 2000 Remote Viewing Conference held May 26-28 in Mesquite, Nevada. Skip addressed two topics: “Secrets of Military Remote Viewing” and “Monitoring Remote Viewing Sessions.”

Joseph McMoneagle drew his remote viewing target within ten seconds on “Powers of the Paranormal,” a FOX Television special that aired at 8 P.M. EST on May 11. The show was his seventeenth live, on-camera RV session. Producer Jeff Margolis told Joe afterward that his performance was “the most amazing thing I've ever seen.”

On March 17, the MetaGroup of Lynchburg, Virginia, hosted Laurie Monroe for “An Evening with the President of The Monroe Institute.” The highlight of the evening for MetaGroup codirector Patty Summers was an unexpected journey to visit departed animal and human friends when Laurie led the audience in a tape exercise.

Appearances (2000-4)
On August 18, F. Holmes “Skip” Atwater spoke to the Lynchburg, Virginia, META-GROUP on “Remote Viewing: Possible Underground UFO Bases.” During his ten-year tenure as operations and training officer for the U.S. government's remote-viewing program, Skip's trained personnel unofficially remote-viewed four locations around the world where they believed UFO bases were concealed.

On August 24, Dr. Darlene Miller, the Institute’s director of programs, gave an introductory experiential workshop on TMI to twenty employees of NBC Channel 12 in Richmond, Virginia.

On September 2, our president, Laurie Monroe, gave a presentation on The Monroe Institute to an audience of 2,200 people who were attending the Fumai Open World 2000 Conference in Yokohama, Japan. That same evening, she gave another two-hour presentation, including an experiential HemiSync demonstration, to an additional 200 Japanese. Ken Morita of the Access Corporation, which is based in Tokyo, had organized the group.

Appearances (2001-1)
F. Holmes (Skip) Atwater, TMI research director, spoke to the Shenandoah Valley-based Chrysalis group on October l. His talk on “Remote Viewing Possible Underground UFO Bases” covered the findings of Pat Price's unofficial remote viewing of suspected base locations.

On October 14, Professional Member Morgan MacKenzie-Perkins, PhD, and Shirley Bliley, TMI professional division director, attended the second annual conference on Helping Kids with ADD held at George Mason University in Fairfax, Virginia. Before and after two experiential sessions presented by Morgan, she and Shirley staffed an information table and responded to a brisk demand for Hemi-Sync tapes and CDs.

Appearances (2001-2)
F. Holmes (Skip) Atwater, TMI research director, spoke to The Virginia Blue Ridge Chapter of The American Society of Dowsers on February 10, 2001, on “Basic Remote Viewing.” Participatory exercises gave his audience firsthand experience of techniques employed by army intelligence remote viewers.

On December 21, TMI President Laurie Monroe and Brian Dailey, MD, a member of TMI's Professional Division, traveled to Atlanta, Georgia, to be interviewed by Elizabeth Anne Wright for the nationally televised Unified Solutions program. The main topic was out-of-body experiences. Dr. Dailey seized the opportunity to mention the *SURGICAL SUPPORT SERIES* and *GOING HOME* and to give the producer an individual session with *METAMUSIC*.

Gari Carter, author, healer, and TMI Professional Member, lectured on “Healing and Personal Transformation” as part of The Art of Healing series at the College of Charleston, in Charleston, South Carolina, on February 9, 2001. To the accompaniment of *METAMUSIC*,

Gari described how the *SURGICAL SUPPORT SERIES* helped her manage pain and fear during the ten years of reconstructive surgeries that followed her near-fatal automobile accident.

Appearances (2001-3)
Sue Ellen Hunter, Reiki Master and TMI Sustaining Member, was a speaker at the Seventh Annual Southeastern Reiki Conference held in Jacksonville, Florida, on Memorial Day weekend. Sue Ellen described her use of Hemi-Sync for Reiki attunements and healing sessions. *METAMUSIC* played during her presentation, giving the audience firsthand experience of Hemi-Sync's ability to facilitate both expanded awareness and focused attention.

On May 25, 2001, Mountain Magic Gallery in Roanoke, Virginia, presented Rosalind McKnight's mini workshop, “The Hemi-Sync Experience.” Rosie was one of Robert Monroe's original Explorers and has told the story of those days in Cosmic Journeys. She is a frequent speaker at the Institute's *GUIDELINES* programs.

Appearances (2001-4)
F. Holmes “Skip” Atwater, TMI research director, recently returned from appearances in North Carolina, Australia, and Colorado. Skip is booked through March 2002 for speaking engagements at locations across the United States and in Canada. He will be making presentations on The Monroe Institute and promoting his autobiography, *Captain of My Ship, Master of My Soul*.

on August 12, TMI Professional Member Brian Dailey, MD, spoke before an audience of 130 women attending the Horizon of Hope Breast Cancer Seminar in Rochester, New York. They were there to become better informed about breast cancer and complementary treatments for the disease. Brian felt that Power Point slides provided by Skip Atwater helped to generate tremendous enthusiasm for Hemi-Sync. His second Horizon of Hope presentation on August 22 in Albion, New York, got an equally positive reception.

Dr. Dailey continued his winning streak September 7—9 in Biddeford, Maine, at “The Developing Child: In The Beginning . . . .” The international conference on pediatrics was presented by the College of Health Professions, University of New England. Brian spoke on “Therapeutic Touch and Energetic Healing in Pediatrics” and conducted two hands-on therapeutic touch and energetic healing workshops with small groups of participants.

“Cosmic Journeys: Inner Guidance with Rosalind McKnight” was held at the Kindred Spirits Community Resource Center on August 24. Participants explored a variety of ways to access inner guidance and use it to be “fully alive and joyful.” On September 26, Rosalind inaugurated a four-part series at Kindred Spirits on “Developing Your ESP.” She was a member of Robert Monroe's original Explorer team and has taught college-level parapsychology courses.

A select group of participants listened attentively to a lecture on “Mind Development with HemiSync” delivered by Ray Waldkoetter, EdD, at the 2001 Summerfest Open House held June 16 in Olde Towne, Greenwood, Indiana. Dr. Waldkoetter is a member of the TMI Board of Advisors and a founding member of our Professional Division.

Appearances (2002-1)
On October 4, TMI Research Director F. Holmes “Skip” Atwater addressed the Blue Ridge Chapter of the American Society of Dowsers, based in Charlottesville, Virginia. Skip spoke on the work of The Monroe Institute and also gave his listeners the inside story on formerly classified government remote viewing activities, which are detailed in his book, *Captain of My Ship, Master of My Soul.*

Laurie A. Monroe, Monroe Institute president, was a featured speaker for “Healers & Heroes,” the 2001 Prophets Conference held November 16-18 at Duck Key, Florida. Laurie focused on the many benefits of Hemi-Sync and the Institute's global vision and mission, with special emphasis on the healing outreach of TMI's Dolphin Energy Club. Conference participants responded enthusiastically and emotionally to a tape experience guided by Laurie.

Richard Staudt, MOT, ORT/L, and a colleague presented “HemiSync as a Complementary Treatment with Long-Term Care Residents” at the annual conference of the Pennsylvania Occupational Therapy Association held October 19-20. They played excerpts from CDs and tapes utilized with their case study and were invited to present at the national conference. Richard regularly employs Hemi-Sync with the fifty- to ninety-year-old residents of a state-owned long-term-care facility and the results have been excellent.

Appearances (2002-2&3)
From March I through April 28, 2002, TMI Research Director F. Holmes “Skip” Atwater made appearances coast-to-coast and in Canada speaking on topics that included spirituality, health, healing, and remote viewing. As this issue goes to press, Skip will fly from Canada to Hawaii for several engagements, which include a book signing at Borders Bookstore in Honolulu and a visit with Professional Members Harald Holler and Timothy Ambrose, PhD, in Pahoa. From Hawaii, he will continue on to Australia for the Mind, Body, Spirit Festival—cancelled last year because of September 11. Skip will have ample opportunity to present the Institute and Hemi-Sync to Australians in workshops and lectures following the festival.

Professional Member Gari Carter was featured at Barnes and Noble's Annual Local Author Extravaganza in Sarasota, Florida, on January 26, 2002. Gari appeared from I to 2 P.M., signing copies of her book, Healing Myself, and answering questions about her healing journey with Hemi-Sync.

On Friday, February 22, 2002, Brian Dailey, MD, spoke to the National Guild of Hypnotists on “Synergism in Alternative Healing Strategies.” Dr. Dailey, a member of TMI's Professional

Division and Dolphin Energy Club, described how he integrates Hemi-Sync with energetic medicine, as well as its application in hypnosis. A Hemi-Sync demo was enthusiastically received.

Dr. Dailey was also a featured presenter at the International Symposium on the Science of Touch held May 1618, 2002, in Montreal, Quebec, Canada. His topic, “Energetic Medicine and Hemi-Sync,” was augmented by slides provided by TMI. Brian concluded with a demonstration of the synergy between Hemi-Sync and crystals, aromatherapy, and Reiki.

Accredited TMI *OUTREACH* Trainer Linda Leblanc was a presenter at the Mind, Body, Spirit Festival held in Limassol, Cyprus, on February 2-3, 2002. Linda spoke on “Hemispheric Brain Synchronization with The Monroe Institute's Sound Technology: Easy-to-use tools for relaxation, wellbeing, and self-discovery.” About eighty people attended her talk—an incredible turnout for Cyprus! Linda and TMI program graduate Barbara Jones were also among the sixty or so exhibitors during the two-day conference. Hemi-Sync was new to conference participants, and they were very pleased to learn of it.

Appearances (2002-4)
On September 25, 2002, professional division and Dolphin Energy Club member Brian Dailey, MD, spoke to the Association of Sister, Brother, and Priest Physicians in Skaneateles, New York. The audience of doctors and members of religious orders responded enthusiastically to Dr. Dailey's talk on “Alternative Medicine and HemiSync.” He had made the same presentation to the Rochester Society of Radiologic Technologists on September 17.

TMI President Laurie A. Monroe was a featured speaker at “The Prophets Conference Santa Fe: Poets, Mystics, Magicians.” Laurie's presentation was titled “The Magic Is Within You.”

Workshops (2002-4)
Russell Targ and Jane Katra, PhD, led a special workshop titled “Remote Viewing and Spiritual Healing: Experiencing Expanded Awareness” on March 16, 2002, at TMI. The forty attendees included eight professional members who chose to stay over after the Eighteenth Professional Seminar. Participants were treated to an intensive experiential exploration of the spiritual implications of psychic abilities and the loving connections in nonlocal consciousnesses that are fundamental to spiritual healing. Targ and Katra have coauthored two books on these topics: *The Heart of the Mind* and *Miracles of Mind*.

Appearances (2003-1&2)
On January 9, 2003, F. Holmes “Skip” Atwater was a presenter at “Healing and the Near-Death Experience,” The International Association for Near-Death Studies, Inc., conference held in Honolulu, Hawaii. Skip spoke on “The Healing/Regeneration Center Exploration” using data compiled from TM1's *BEYOND EXPLORATION 27* residential program.

On November 16-17, 2002, *OUTREACH* Trainer Linda LeBlanc and Barbara Jones gave presentations at the Mind-Body-Spirit Exhibition held in Nicosia, the capital of Cyprus. Linda spoke on “Parapsychology: The Scientific Study of Psychic Phenomena,” and Barbara spoke on “Children of Wisdom and Wonder.” Both Linda and Barbara wove Hemi-Sync into their presentations. Linda also gave a talk about Hemi-Sync at the Paphos Health and Wellness Festival held in mid-January 2003. By special request, *METAMUSIC* was used as background music for the festival.

Appearances (2003-3&4)

E Holmes “Skip” Atwater, TMI research director, spoke on “HemiSync and Remote Viewing Training” at the twenty-second annual meeting of the Society for Scientific Exploration, held in Kalispell, Montana, on June 12-14, 2003. Skip described his role in the secret U.S. government remote-viewing surveillance program during the cold-war era and the use of Hemi-Sync training to enhance remote viewers' skills. He also shared details of TMI's Remote Viewing Practicum, which draws on knowledge gained from those years.

On October 30-November 2, 2003, Skip Atwater participated in The Second Annual Schwartzreport Conference on Issues in Consciousness, “Remote Viewing through Time and Space.” Skip's presentation focused on his activities as initiator of STARGATE, the U.S. Army's remote viewing intelligence program.

From November 2002 through April 2003, Brian Dailey, MD, Professional Member and *OUTREACH* Trainer, gave a number of lectures to groups in locations from Rochester and Clifton Springs to Buffalo, New York. His topics ranged from energetic medicine and Hemi-Sync in hospice through energetic medicine, Hemi-Sync, and crystals in healing, to energetic medicine and Hemi-Sync as adjuncts to cancer therapy. *METAMUSIC* and the *GOING HOME* concept were of interest to hospice volunteers. On August 2, 2003, Dr. Dailey did two lecture/workshops on “Energetic Medicine: Working Together to Improve the Quality of Life” at the Verde Valley Medical Center in Sedona, Arizona. He is currently preparing a research proposal to evaluate Chemotherapy Companion's impact on the side effects of chemotherapy.

On October 11, 2003, Frank DeMarco, TMI Professional Member and chairman of Hampton Roads Publishing Company, spoke at the Fifteenth Universal Light Expo in Columbus, Ohio. His topic was “Up Shifting: A Better Way to Live.” Frank drew on Monroe principles for his talk and for a workshop in which he taught body and energy-body awareness.

Richard Staudt, MOT, OTR/L, LMT, and Judy McKee, COTA/L, of South Mountain Restoration Center, Waynesboro, Pennsylvania, have continued to promote Hemi-Sync as an adjunct to long-term care since their appearance at the 2002 Professional Seminar. An experiential occupational therapy open house for South Mountain staff members in May of this year was well received. The staff was especially intrigued by the department's “multi-sensory” room,

which incorporates Hemi-Sync and has been a big hit with challenging patients. On May 23, Richard and Judy also made a presentation on Hemi-Sync at a regional gathering for occupational therapists. The executive officer of the Pennsylvania Occupational Therapy Association, District I, wrote to Richard: “Your outcome results with long-term chronic clients are quite remarkable. I sincerely hope that you and your staff are able to pursue this treatment intervention further and ultimately are able to publish your work.” Richard is currently preparing a proposal for Hemi-Sync research at South Mountain.

Appearances (2004-1&2)
March 13-26, 2004, F. Holmes “Skip” Atwater, TMI's research director, was hosted by Brian Snellgrove in London, England. While there, Skip gave two introductory lectures on remote viewing and conducted a one-day workshop on the elements of remote viewing plus a condensed version of the *REMOTE VIEWING PRACTICUM*. He was able to fit two radio appearances into his jampacked schedule and a bit of visiting to historic sites in London and its environs.

Ronald and Jill Russell, TMI Professional and Board of Advisors Members, traveled to Paphos, Cyprus, in January 2004, to present two workshops: *GOING HOME* and Beyond *GOING HOME*. Participants had wonderful breakthroughs and one, from Ukraine, retutned to Kiev eager to share the news about the Institute and Hemi-Sync.

At the Paphos Health & WellBeing Festival held January 24-25, 2004, Professional Member and *OUTREACH* Trainer Linda Lebanc spoke on “Psychic Healing: Forty Years of Scientific Study and Its Implications.” *METAMUSIC* was used as background music for the festival, which was attended by 800 people.

Brian Dailey, MD, videotaped a treatment session with Hemi-Sync and energy medicine for Michele DeLuca's *Gorgeous Health* television show. The tape segment was aired each Sunday in March on PAX Channel 51 Broadcast in Rochester, New York, each Monday on several other channels, and on three channels in Buffalo, New York—over twelve airings in one month!

Joe McMoneagle continues to amaze the producers and staff of Nippon Television's “FBI: Psychic Detectives” by successfully remote viewing the locations of missing persons. Part 5 of the series aired on Nippon television on January 17, 2004. For details of Joe's remote viewing exploits and upcoming radio interviews, go to http://mvw.mcagle.com/remote-viewing/

Appearances (2006-1&2)
On May 6, 2006, TMI Board of Advisors and Professional Member James Beal, BS, and his wife, Roberta Shoemaker-Beal, MFA, were featured speakers at “Global Encounters & Transformations in Spirit, Space, & Time.” Their presentation was part of the Thirty-first Annual SSF-IIIHS International Conference & College Program held May 5-14 in Montreal, Quebec,

Canada. Jim and Roberta spoke on “Evolving the Paradigm to Include the Environment: Electromagnetic Fields and Human ‘Canaries.’”

Appearances (2006-3&4)
On September 10, 2006, TMI President Laurie A. Monroe gave a two-hour presentation on “HemiSync: A Tool for Transformation in Changing Times” to the Chrysalis Meeting at the Unitarian Universalist Fellowship in Waynesboro, Virginia. Members and guests from throughout the Shenandoah Valley gathered to hear Laurie's informative presentation. Everyone participated in two Hemi-Sync exercises and discussed their individual experiences afterward. Working with the Hemi-Sync CDs stimulated the group's interest in expanding their knowledge of TMI's residential programs.

Appearances (2007-1&2)
At the Seventeenth Annual ISSSEEM Conference, “The Science of the Miraculous,” held June 21-27, 2007, Brian Dailey, MD, and Harry Oldfield, DHom, teamed up for a presentation on “Visualization of the Energy Field with Insights into Multidimensional Reality.” The presenters discussed their findings on warping of space and time, experiences in the fourth dimension (nonphysical realms), and the effect of group and individual consciousness on live experiments. Members of the audience were introduced to images of their own living energy fields. Dr. Dailey serves on The Monroe Institute@ Board of Directors and is also a member of TMI's Professional Division and Dolphin Energy Club.

TMI Professional Member James D. Lane, PhD, was a featured speaker at the Second Symposium on Music, Rhythm, and the Brain, held at The Stanford Institute for Creativity and the Arts, May 11-13, 2007. Dr. Lane's presentation, “Binaural-Beat Stimulation in Overview,” explained the theory behind binaural-beat technology and gave a summary of research findings, including details of his study “Binaural Auditory Beats Affect Vigilance, Performance, and Mood,” published in *Physiology & Behavior*, volume 63, number 2, 1998.

Charles Tart, PhD, emeritus member of the TMI Board of Advisors, will speak on “The Practical Side of 'Enlightenment'" at “Conscious-ness in Action,” the Twelfth International IONS Conference, to be held in Palm Springs, California, August 9-12, 2007. Dr. Tart is internationally known for research on transpersonal psychology and parapsychology. His talk will explore the high spiritual attainment of “enlightenment” as evolving from specific psychological dimensions.

Appearances (2007-3&4)
On the evening of August 29, 2007, James Beal, BS, a member of TMI's Board of Advisors and a founding member of the TMI Professional Division, spoke at the Rhine Research Center in Durham, North Carolina. His presentation was titled, “Environmental Effects on Consciousness Research and Repeatability.” In his talk, Jim reviewed how electromagnetic

fields (EMF) influence consciousness in general and how they may relate to psi phenomena in four different areas: inherited factors predisposing to psi ability, spontaneous psi, controlled psi, and psi triggered by stressful or extreme conditions. Jim also discussed the influences he finds most conducive for optimal, repeatable, psi research.

TMI residential trainer Paul Elder, author of *Eyes of an Angel*, was a special guest speaker on December 8, 2007, at the monthly meeting of the Chicago chapter of the International Association for Near-Death Studies (IANDS). Paul spoke about his three near-death experiences, which figure prominently in his book, as well as on the work of The Monroe Institute.